

Forward/Strategic Planning  
Economic Development Directorate  
Limerick City and County Council  
Merchants Quay  
Limerick

5th of September 2021

Re: Draft Limerick Development Plan 2022 - 2028

To whom it may Concern,

Garryowen Residents Association welcome the Draft Limerick Development Plan 2022 - 2028 and wish to make a submission under Volume 1 Written Statement Chapter 9 - Sustainable Communities and Social Infrastructure (section 9.3 - Community Facilities and Amenities and section 9.3.1- Community Facilities Audit).

Working local thinking global... The Garryowen Residence Association

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Vice-Chair Garryowen Residence association, UN Convention member  
SDG (Sustainable Development Goals) Advocate, Limerick 2030

Member of Human Diversity Climate Change Groups to name a few;  
PPN (Public Participation Network) Limerick County Council  
Linkage groups include 3 of the 5 pillars for the municipal district of limerick metropolitan.  
-Social and Health  
-Climate Action and Biodiversity  
-URBACT- Green Space initiative

Collaboration with international and national groups to minimise social injustices felt by those most vulnerable, on national and world economic forums representing Garryowen Residence Association, Limerick. Most recently in collaboration at the world summits, June 2021 including:

IDA International Disability Alliance  
UNHCR Human right refugee agency  
UNDP counter of misinformation leave nobody behind  
ConnectAid  
UNICEF  
UNFCCC  
UNESCO  
GLAD network Associate  
Social Justice Ireland  
Kings Island partnership Beekeeping programme

FIBKA associate - Federal Irish beekeepers Association  
CDP Garryowen, CDP Kings Island  
Cooperation International  
Living Limerick

Our overall aim is to tackle inequalities and discrimination that seem invisible to the homogenous systems forcing mitigation and adaptation to the ever changing environment.

We are only as safe as the most vulnerable. We need to prevent food insecurities, promise adequate housing, jobs and prosper for fulfilling livelihoods. A sustainability reset is required to achieve the Sustainable Development Goals (SDGs) 2030 goals.

The SDGs includes:

No Poverty  
Zero Hunger  
Good Health and Well-being  
Quality Education  
Gender Equality  
Clean water and Sanitation  
Affordable and Clean energy  
Decent work and Economic growth  
Industrial Innovation and Infrastructure  
Reduced Inequalities  
Sustainable cities and communities  
Responsible consumption and production  
Climate  
Life below water  
Life on land  
Peace, Justice and strong institutions  
Partnerships of the goals

One size does not fit all. A multilateral debate, a political agreement and governance must take place to ensure social protection, education, encouragement and enforcement of eco-energy, and equally, to minimise environmental degradation. Once and for all put sustainability back into the hands of the community. Bioremediation thus preventing eutrophication.

Adequate facilities inclusive of a community hub setting will give empowerment to those who meet societal barriers. Breaking generational challenges.

We are dedicated to constructing the sports arena, the community forest garden, a Women and Mens shed and other the amenities we are without. Social inclusion, heritage and culture to all in our community. Sports arena bringing athletes together, outdoor classroom in the garden, indoor adult classrooms, a community café, community enterprise shop, a mental health hub and social guidance club.

Equality and justice ensuring a service to all.

A space for families, markets and guided walks. A space to connect, to socialise or for some mediation in the therapeutic garden. We need assistance to improve the green space areas air quality and noise pollution thereby, enhancing the health of the residence physically and

mentally and spiritually. As a community we need to be heard. We are attentive to the needs of our community but need assistance to teach basic life skills, ethical and eco-living lifestyle practises. To demonstrate equality and fairness we deserve a safe space for everyone. A community space for encouragement, support and emotional growth.

The addition of a community garden and native species conservation nursery, using organic practices with natural remedies and natural feeds not only is it a treasure but an necessity within every community.

The inclusion of all age groups would allow for the intergenerational transfer of wisdom across multiple organisations and schools. The specialities would share areas including organic food production, edible living hedgerows, biomass/biofuels, water improvement technologies, organic practices, biodiversity, sustainability and permaculture to name a few. Providing physiological, educational and social advancements overall enhancing the lives of many people.

This area of organic horticulture has an essential place in maximising the heritage of native Irish seed stock of food, trees, shrubs and grains. Climatized stock could then be sold to local authorities for instance minimising the need for imported species, decreasing the chances of imported disease. The community enterprise allows for the interaction with other people of interest for business and otherwise, within the workforce, it creates many industries to connect and network within the wider dimension and spiritual blessing of mother nature.

Individuals are part of the constellation – needing connection. Most people are challenged when social protection is ceased. Impaired with little or no support, further exasperated by climate change. Reduced humanitarian support leave little dignity, reduced lifestyle capabilities and undernourished environments. Thereby shaping a persons life.

The scarcity, discrimination and inaccessibility to basic needs for a healthy lifestyle is unjust. Clean water and food globally as temperatures and water levels rise is an increased risk to us all. The inadversities of climate change must be tackled head on to reduce further greenhouse emissions as they plump into the fragile blanket nurturing life itself.

At the Garryowen Residence Association we are firm believers in the 17 SDG goals. We need economic, social development and environment blockages to be removed. Community based initiatives working in participation allows for international sovrenity and solidarity to make our world a safer inclusive more beautiful home.

As passionate cocreators of knowledge for change. We are committed to leaving nobody behind. Education is power. Power defines the narrative. Learning and sharing wisdom on our own unique quest for conscious evolution of lifelong learning, social justice and sustainability. Who doesn't want to be included in that?

Garryowen Residence Association conversations spoke of the importance of community spirit, wellness and natures best. Facilities such as a community hub settings are crucial to allow individuals to express freedom of lifestyle choices. Community difficulties and challenges could be tackled head on, at a local level from community activists and volunteers. Providing training and services to those interested in creating a safe space for all to participate, connect and grow. Volunteering giving a sense of collective accomplishments, pride and enabling those to achieve common goals.

The impact of clean living on the gut, the first brain. The thoughts possessed within, creating our reality. The gut is responsible for 80% of our immunity. Food is the natural antibiotic. Healthy food choices restores gut health ensuring strong vibrant happy neurotransmitters reducing the likelihood of disease. The community forest garden is a must!

The Garryowen Residence association was invited in July to commemorate the Women of Limerick, during the Cromwellian times. The French Ambassador and associates presented a plaque outside the church of St. John(1190) in St. Johns Square, Limerick. The women received recognition for their contribution during the troubled times. Commemorating their pursuits to independence, freedom and their love for Ireland. The plaque is situated within the old walls of Limerick, Irishtown. Outside the walls of Limerick everything else was an open green space where the wealthy would enjoy nature's elements. Just outside St. Johns square, Garryowen road and beyond was known as Garryowen. Transcribed as garraī- coin, the garden of John.

We want to bring the heritage back to where it used to be. An outlet for those isolated to create a positive future. Garryowen is a large underfunded housing estate at the edge of the city centre. Known internationally in the sport of Rugby for the term coined Garryowen kick established in Marketsfield Sport arena of Garryowen.. A high kick instead of a long kick allowing team members a chance to catch the ball essentially. A film was also produced about the Marketsfield with Richard Harris (actor from Limerick) who played there with other legends. Garryowen known for music and sport internationally. Music played and sung around the globe in memories of the Treaty of Limerick and Treaty of Ireland. The history and culture is immense. Let us continue to grow with your essential support.

In the Garryowen residence association our vision is the completion of the SDG goals. We need facilities at our doorstep so we can thrive towards a brighter future. Community safety, environmental and social practicalities are of great importance to the hard working team of the Garryowen Residence Association.

What we have achieved during the COVID-19 has been heart-warming to know we have a vibrant willingness to connect and improve our environment. Recently achieving Going for Gold award pride of place.

If you could contribute to our collective mission and enable us to fulfil our dream for our community in providing necessary facilities, supports and funding please contact [Cityfarm.communityforestgarden@gmail.com](mailto:Cityfarm.communityforestgarden@gmail.com) further details.

Thank you for your time and consideration on these vital components necessary in communities.

Yours sincerely

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Helena Kelly  
Vice Chairperson  
Garryowen Residence Association

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#CWELL #K4C #SIPCA

#DOYOURPEACE

#HEALERSHEALTH #WELLNESS #SOCIALJUSTICE

#NATURESBEST #UNIVERSALLOVE